



Reception - How you can help your child at home



Independence skills

- Get own belongings ready in the morning, such as, putting shoes on and finding book bag.
- Begin to start getting dressed by themselves or putting on own jumper.
- Practice putting coat on and zipping it up by themselves.
- Begin using a knife and fork to eat with and attempt to cut own food.
- Take part in music and dance performances, on my own and in groups to build confidence.
- Develop friendships with other children, seeking support from adults when needed.
- Build resilience- showing perseverance and determination when faced with a challenge.
- Practice using a range of one-handed tools safely and effectively, such as scissors.



Reading

- Aim to read at least 3 times a week. Share stories together as often as possible.
- Retell a story using some story phrases and own words.
- Act out a story our put on a show! Tell your own story and use some props.
- Listen to and talk about stories and texts. What was your favourite part? What happened at the end of the story? How do you know that the character was happy?
- Read a non-fiction book together to find out information or facts.
- Visit the local library and chose a new book to read.
- Play mystery reader! The children love having someone new to read to them at school. Ask a friend, sibling or family member to read a story.



Phonics/Spelling

- Regularly practise phonics/spellings. Little and often is best.
- Talk to your child about the new sound they learnt at school. Can they say it or think of a word that begins with it?
- Play 'sound it out' games...I can see a p-i-g.
- Eye spy with initial sounds will encourage hearing sounds the words begin with.
- Blend sounds together to read short words.
- Learn reception tricky words (can be found in homework books and on the school website)
- Access the Little Wandle website for support on saying the phonemes and guides to the formation phrases for each grapheme.



Writing

- Practise writing own name using recognisable letters
- Begin writing words using my knowledge of letters and sounds.
- Hold and control a pencil to support an efficient handwriting style.
- Begin to write phrases, captions, labels or short sentences. Make it fun!
- Write in different places using different things! Sand on a beach, fingers in slime or paint on foil.



Reception - How you can help your child at home



Oracy (Speaking & Listening)

- Sing familiar songs and rhymes or make up own.
- Explore the natural world around me and talk about what I notice.
- Talk about different places and how they are similar to or different from where I live.
- Have conversations! Talk about anything- the weather, likes/dislikes, food, games or family.
- Use talk to clarify, organise, explain and describe events and my ideas and feelings.
- Talk about the day. What has been exciting? What was fun? What did you learn?
- Learn and use new vocabulary. Use a new word several times and explain it. Ask your child to then use the word to embed into their vocabulary.
- Encourage your child to ask questions to find out information.



Maths

- Count forwards and backwards to/from ten and beyond.
- Copy, extend, create and correct more complex repeating patterns.
- Talk about and compare the length, height, weight and capacity of different objects.
- Recall number bonds for numbers zero to five and some for bonds to ten.
- Accurately count up to ten actions, objects or sounds.
- Explore and talk about the composition of numbers.
- Subitise small groups of objects such as how many fingers, dots on a dice, toys or an arrangement of things. Quickly look how many are there without needing to count.

Other

- Confidently and safely use a range of large apparatus and equipment such as having a trip to the park to climb.
- Talk about some factors that support my health and wellbeing. Being able to talk about feelings and know it is ok to feel sad or upset but to also be aware of how to help the way they are feeling such as talking to a friend or teacher.
- Visit My Happy Mind to support your child's emotional well-being. In class children learn about healthy breathing and how to help them calm when needed.

Website ideas

- Little Wandle- <https://www.littlewandlelettersandsounds.org.uk/resources/for-parents/>
- Happy Tiny People - <https://www.bbc.co.uk/tiny-happy-people/4-to-5-year-old-child-development-activities>
- TopMarks- <https://www.topmarks.co.uk/>
- Book Trust - www.booktrust.org.uk
- CBeebies – www.bbc.co.uk/cbeebies
- BBC Bitesize- <https://www.bbc.co.uk/bitesize>
- MyHappyMind <https://myhappymind.org/>